



RCSI

Internationalisation at Home and Global Citizenship

November 2017

RCSI DEVELOPING HEALTHCARE LEADERS WHO MAKE A DIFFERENCE WORLDWIDE

RCSI: Who we are

- Independent, not-for-profit **degree awarding higher education institution**
- Established under Royal Charter in 1784
 - to advance the science and practice of surgery
- National professional **training body for surgery** in Ireland
- School of Medicine from 1886
- Current focus: **Faculty of Medicine & Health Sciences**
 - education, research and postgraduate professional training
 - Six Schools (Medicine, Pharmacy, Physiotherapy, Healthcare Leadership, Nursing & Midwifery, Postgraduate Studies)
- **Research**

Priorities: Neurological and Psychiatric Disorders, Population and Health Systems, Regenerative Medicine, Surgical Science and Practice, Translational Cancer, Vascular Biology



RCSI

Royal College of Surgeons in Ireland (RCSI)

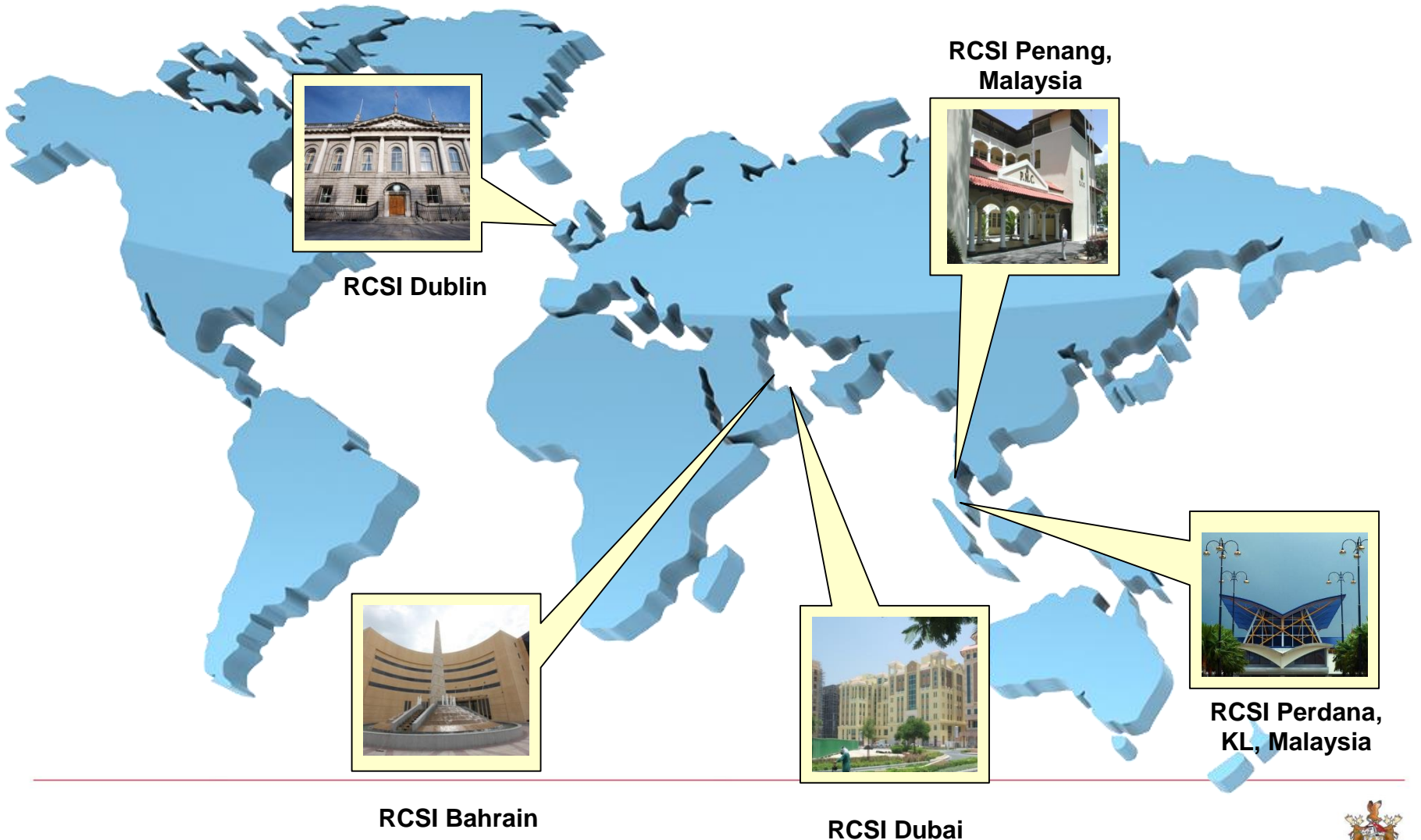
- **Institutional performance**

- Times Higher World Rankings 201-250 (2018) (joint 2nd in Ireland)
- Times Higher Clinical, Pre-Clinical & Health Subject Rankings 151 – 175 (2018) (2nd in Ireland)

- **Student diversity**

- 3,271 Students Undergraduate Medicine, Pharmacy and Physiotherapy; Physician Associates, MSc, MD, PhD,
- Student mix - 84 countries >60% international
- International campuses
 - Malaysia (Penang Medical College - 1996), (Kuala Lumpur – Perdana University (2011))
 - Dubai – RCSI Dubai (postgraduate programmes)
 - Bahrain – 2004 (medical university – undergrad/postgrad)

RCSI International Campuses



Leaders in International Education & Training

- Degree programmes in 4 timezones
 - Dublin; Bahrain; Dubai; Malaysia (KL and Penang)
- Global reach built on historical and current success in postgraduate training and examinations
- College run postgraduate examinations in :
 - Bahrain**
 - India** - Chennai, Lucknow, Kochi;
 - Jordan** - Amman, Irbid;
 - Kuwait**
 - Malaysia** - Kuala Lumpur, Kota Kinabalu, Penang
 - Malta**
 - Qatar** – Doha
 - Saudi Arabia** – Dammam
 - Sudan** – Khartoum
 - Sweden** – Malmo
 - United Arab Emirates** – Ajman
 - United States** - New York



Graduating to Lead

- RCSI has a network of more than 20,000 Alumni who are improving human health in 90 countries worldwide





RCSI Recognising Cultural Competence and Diversity in Healthcare

What is RCSI International Citizenship?

An RCSI International Citizen is a graduate who demonstrates the skills and knowledge necessary to work more effectively in the diverse world of health and healthcare and displays an understanding of the complexity of the public, patient and professional perspectives involved in an increasingly globalised environment.

Why is it important?

Student Perspective

Recognition and development of skills needed for a diverse healthcare environment.

RCSI Perspective

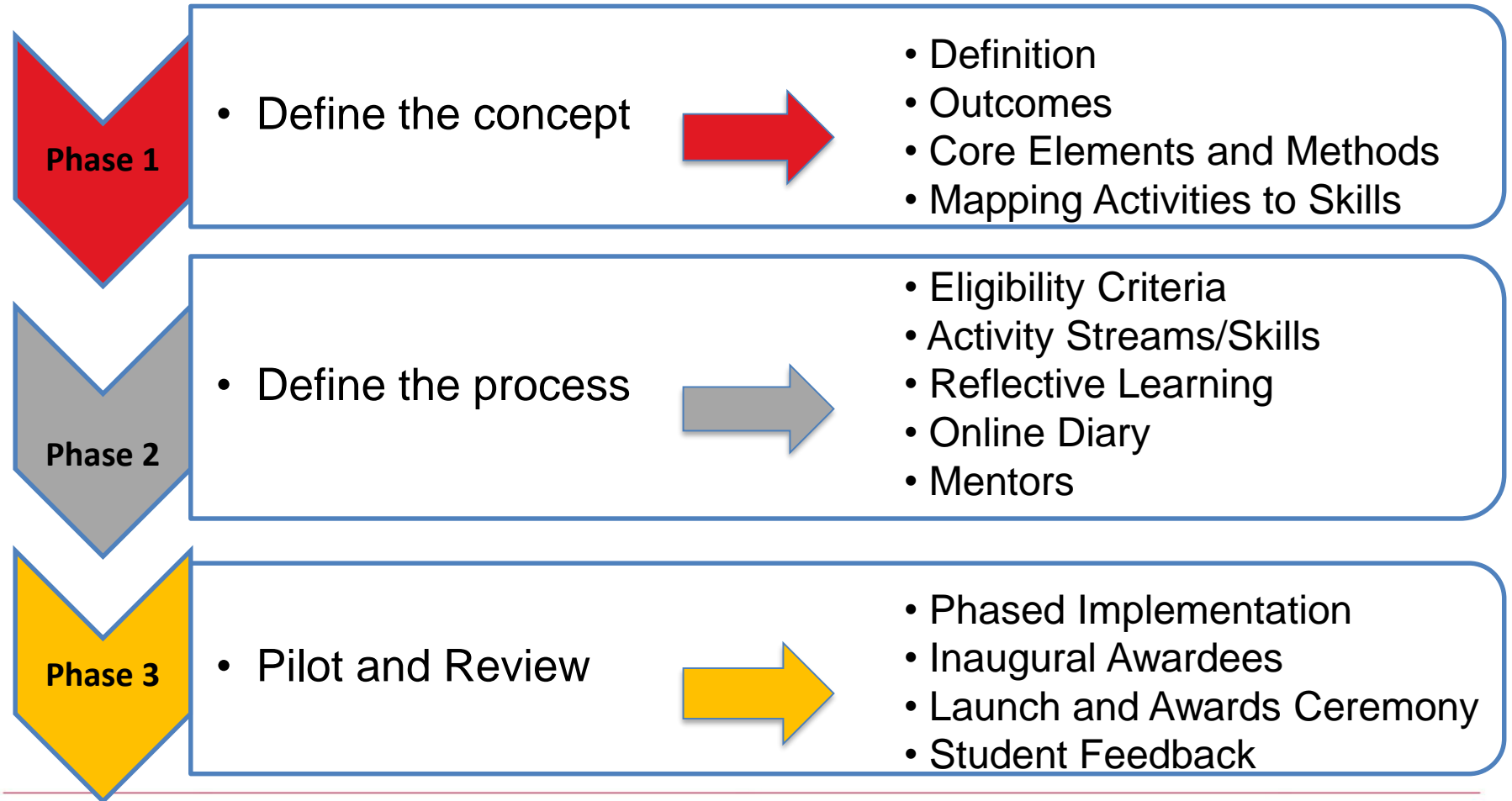
Recognition of RCSI's unique learning environment and extra-curricular activities

Changing nature of higher education in a globalised world

Healthcare Perspective

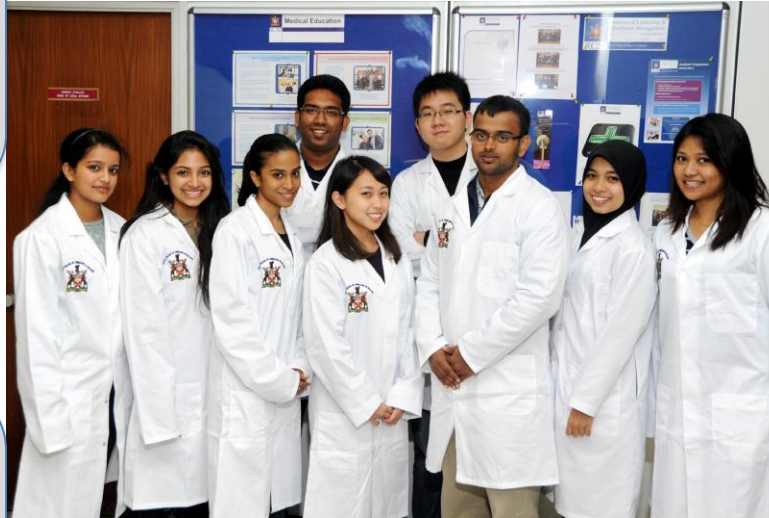
Evidence improving cross-cultural communication of healthcare providers associated with better patient outcomes

How? The process of developing RCSI International Citizenship



Outcomes of International Citizenship

Reflect effectively on their **values, attitudes and biases**

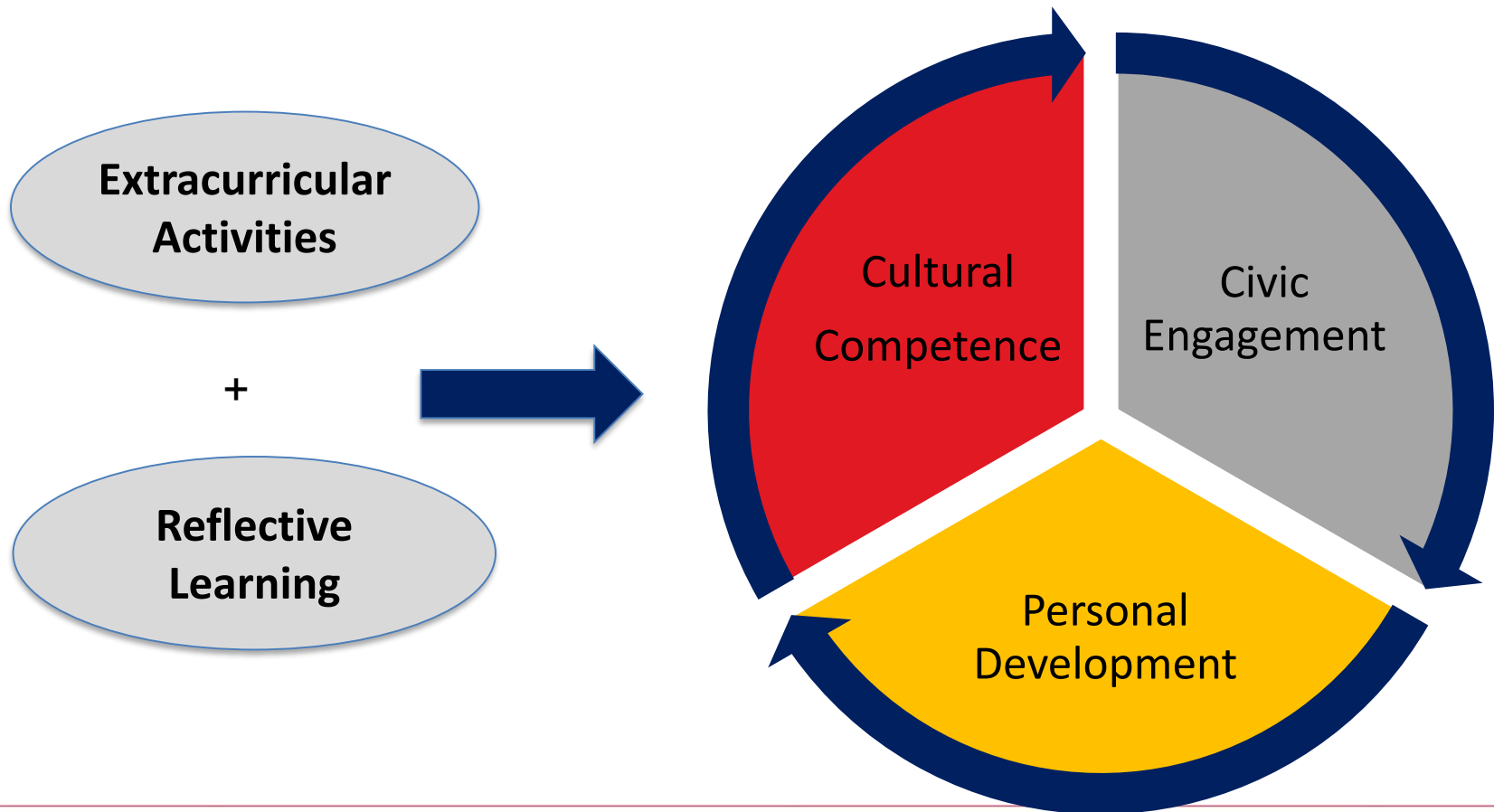


Demonstrate an ability to **interact effectively** with people from different cultural backgrounds.

Show an appreciation of the **importance of cultural diversity** in healthcare environments

Demonstrate **leadership** in developing an attitude of inclusivity and open-mindedness among their peers.

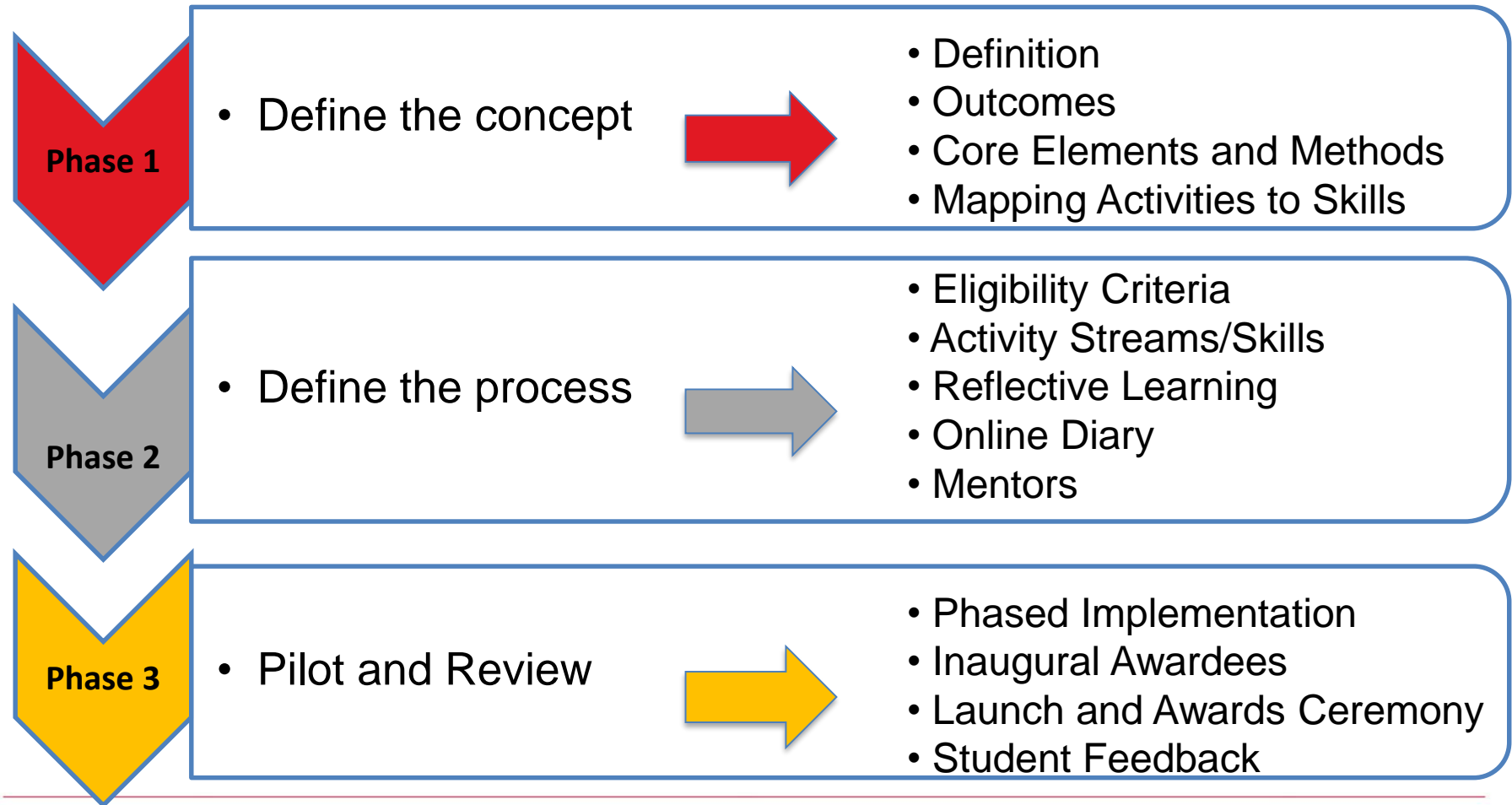
Core Elements of International Citizenship



Mapping Skills to Activities

Skill	Self-assessment guideline	Example (not exhaustive)
1. Cultural and Social awareness	Demonstrates an understanding of different cultural and social groups through engagement with different communities at a local, national and international level	REACH engagement, overseas challenges, RCSI peer activities
2. Self-awareness	Recognises their own assumptions about human behaviours, values and biases and how these can affect decision making and patient care	Personal experience on for example on an overseas challenge such as the Christina Noble Children's foundation, Operation Smile, student societies
3. Scholarly enquiry	Applies principles of scientific enquiry to investigate research and/or clinical scenarios	IRSS, ERASMUS (non-credit bearing)
4. Ethical behaviour	Reflection, communication and exploration of ethical dilemmas and awareness of ethical frameworks	Personal experience of scenarios where ethical situations arose during activities
5. Communication	Uses effective verbal, non-verbal, listening and written communication skills in international and culturally diverse settings to communicate clearly, precisely and appropriately	Fundraising activities, sitting on student committees, REACH, research presentations
6. Leadership	Inspires confidence and leads by example as appropriate in diverse settings	Student committees, peer-led teaching
7. Teamwork	Collaborates and/or leads in teams and recognises the value and structure of contributions from a range of expertise and backgrounds	Student societies and committees
8. Reflective practice	Demonstrates the ability to critically reflect on their international citizenship role, and their personal impact on others	Reflective e-Portfolio
9. Respect and Collegiality	Demonstrates respect, cultural awareness, sensitivity and empathy when interacting with patients, colleagues and public	Buddy programme, peer teacher, student ambassador,
10. Creativity and Innovation	Ability to generate new ideas, approaches and/or solutions to both social and /or technical situations	Fundraising activities, research activities, committee work
11. Flexibility and Adaptability	Ability to respond proactively and positively to changing environments and different approaches to situations	Committee work, leadership roles

How to develop International Citizenship?



Activity streams

(45 hours)

AWARD

- Over 2 years
- 15 hours in 3 streams

Education: Leadership and Peer Engagement

RCSI Life: Leadership and Social Engagement

Local Community: Leadership and Social Engagement

Overseas Challenge

Research/Other

Reflective Practice

Eligibility Criteria

Programme is open to undergraduate students in RCSI

1. Minimum of 45 hours of extracurricular activity
2. Complete 2000 word reflective essay on 'What makes me an RCSI International Citizen'
3. Evidence of engagement with mentor and with on-going reflective practice.

Reflective Learning

Reflect on:

1. Skills developed
 2. Learning from interacting with others from different backgrounds and cultures
 3. How skills transfer to healthcare setting
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- Use of Gibbs Cycle to aid reflection
 - Use of Wald et al (2012) reflective feedback form.

Online Diary

Contains:

- (1) **Activity log** for each stream, the number of hours, mini-reflections, assignment of skills developed.
- (2) **Evidence folders** where students can prospectively upload verification materials of their activities



Mentors

Role: Guide students during their 2 years engaged in the programme.

- (1) Meet twice a semester in small group
- (2) Review progress via online diary
- (3) Provide feedback

Who:

First Cohort: small group of experienced staff

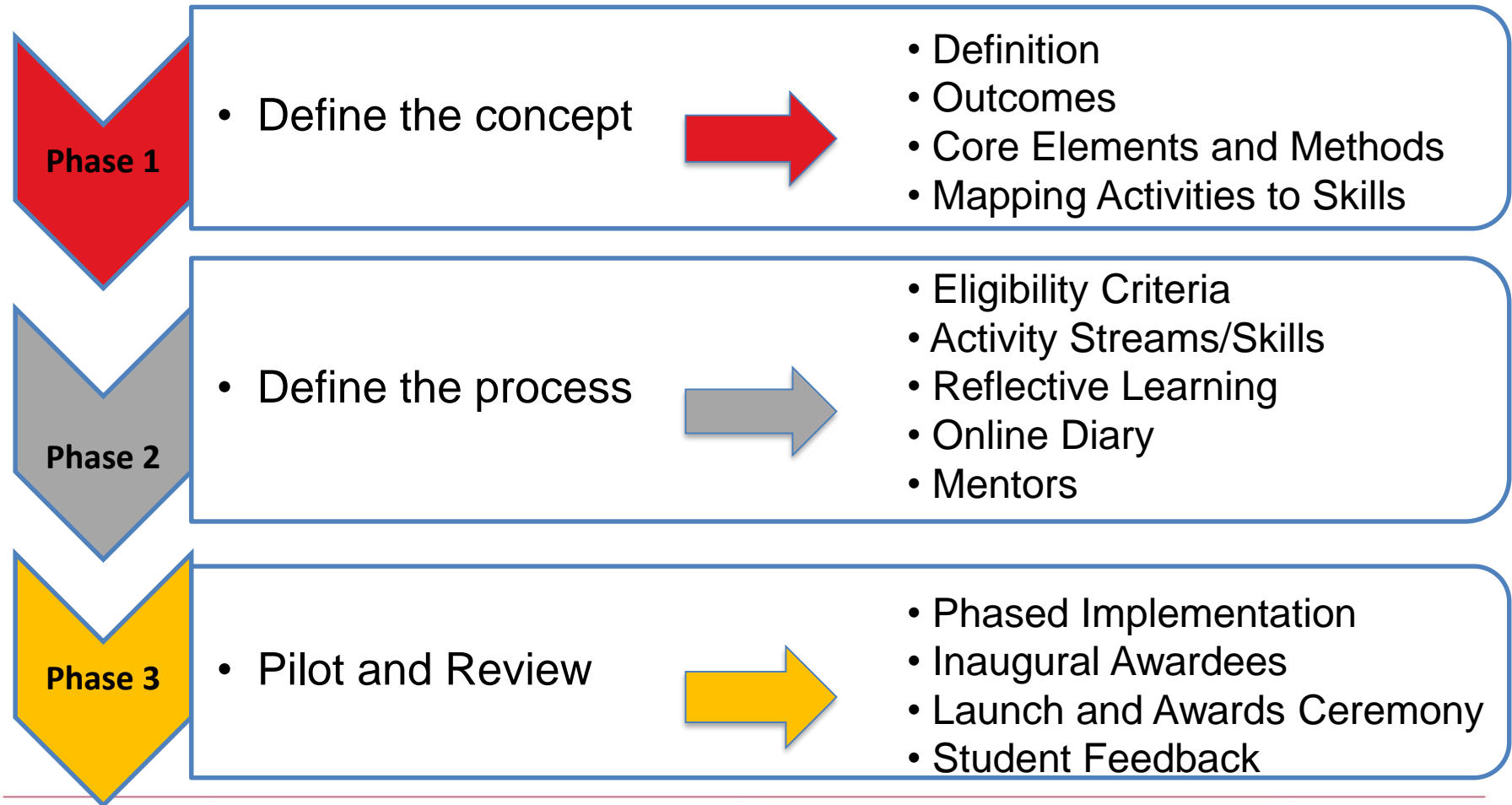
Second Cohort: staff across all RCSI departments and activities.

Training:

2 half-days and comprising:

- 1. Programme aims
- 2. Reflective practice and writing/giving feedback
- 3. Cultural Competence
- 4. Being a mentor

How to develop International Citizenship?



Phased Implementation

1. **Pilot** - retrospective recognition of penultimate and final students
2. **Full programme** – prospective cohort engaged in programme during 2nd and 3rd year
3. **Feedback** from pilot participants



RCSI International Citizenship Awards to date:

1. 60 students have received the award to date.
2. 125 students are currently registered on the mentored programme.
3. We have 40 trained mentors engaged in the programme

RCSI International Citizens 2017



“It’s in our DNA – Cultural Competence at RCSI”



Short online training course to enhance your cultural awareness and cross cultural communication



RCSI

Appreciating **Culture**
lecture and event series

RCSI in 2017



“Education is the most powerful weapon
which you can use to change the world”

Nelson Mandela